

ArtServe Regional Day – Stockport

Venue: Dialstone Lane Methodist Road, Stockport, SK2 7LQ

Date and time: Saturday 8th March 2025 10am – 3.30pm

Theme: Creating Harmony

We are continuing with our 2024 Festival theme of Creating Harmony, and we'll be focusing on creating harmony within ourselves, our homes, churches, where we live and work. We have picked a Bible verse as our focus, and this will run throughout the day in the various workshops and activities on offer.

Bible verse for the day: John 14:27 – 'Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.'

We've provided a draft programme below, and we will be aiming to start on time with refreshments. We invite you to bring a packed lunch, and we will provide drinks and biscuits throughout the day.

There is no charge to come and join in the day, although donations would be appreciated, to cover costs, if you are able.

Programme:

- 10.00am: Refreshments and welcome
- 10.30am: Introductory session
- 11.30am: Workshop 1
- 12.30: Lunch (time to chat with friends and eat your packed lunch)
- 1.15pm: Workshop 2
- 2.15pm Workshop 3
- 3.15pm Prayer to finish

During the opening time of refreshments and welcome we will run through the location and detail of the various workshops available.

There will also be a finger labyrinth focus for our prayer station, which will be available throughout the day, and there will be a colouring table for those who may wish to take a little quiet time for themselves

All materials will be provided, although it would be helpful if you could bring a Bible with you.

There is free car parking available on the road outside the church. If anyone needs a lift from the station we will organise a lift for you.

There will be a choice of workshops, and some will run concurrently. Brief details are noted below.

West End Musicals and theology

We will look at the musical Les Miserables and the theology that may be found in its story.

Bible Journaling

We will look at journaling and explore how we can use it to help us get to know God's word better and grow in our faith.

Crafts linked to Bible Readings

We will look at little craft ideas that can be part of worship, helping people to be active in worship.

Lectio Divina

We will share a Lectio Divina exercise and enjoy a time of reflection to journal and share our thoughts. Little journaling books will be provided for you to keep. There will be opportunity to consider your thoughts and reflections through music, pictures or words.

Lectio Divina literally translates as 'divine reading', and it is a traditional Christian practice that involves reading, meditating and responding to Scripture. It provides a reflective opportunity to deepen our understanding of God's word and its meaning for each of us.

Colouring table

Colouring pages of varying complexity, will be available for you to colour throughout the day. This activity will not be structured, but instead is provided to give you the opportunity to dip out of the formal sessions and just enjoy a peaceful quiet time to colour.

Prayer station

There will be finger labyrinths, with suggested meditation reflections, on our prayer station. The prayer station will be available throughout the day for you to use.

Copies of the finger labyrinth will be available for you to take away and decorate.

We look forward to welcoming you to our creative day. Please send any questions to events@artserve.org.uk and we will get back to you as soon as possible.

Every blessing

Jude, Allison and Nell